

Bombay Chartered Accountants' Society

Human Development Study Circle Meeting of

Human Development and Technology Initiatives Committee

Chairman : CA Rajesh Muni, Co-Chairman : CA Mihir Sheth

Convenors : CA K K Jhunjunwala, CA Mukesh Trivedi,
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Co-ordinators : CA Mahendra Turakhia, CA Gracy Mendes, CA Ryan Fernandes

Dear Members,

The Human Development Study Circle of the Human Development & Technology Initiatives Committee of the Bombay Chartered Accountants' Society is pleased to announce the next Study Circle meeting. The details are as follows:

Day & Date	Tuesday, 13 th February, 2018
Time	6.15 p.m. to 8.00 p.m.
Presenter	Dr. Arvind Pednekar
Venue	7, Jolly Bhavan No. 2, Opp. Nirmala Niketan, Sir Vithaldas Thackersey Marg, New Marine Lines, Mumbai-400020
Topic	<i>"Positive Ageing & Geriatric Medicine"</i>

Presentation Outline:

Positive Ageing & Geriatric Medicine

- a branch which deals with medical problems of the elderly.

- In advanced countries this medical facility is very much required by society as the problems of old people in general and medical problems in particular are very prominent.

- In India with the fragmentation of the Joint Family System, we encounter this problem on an increasing scale. Though, thanks to our cultural background, the gravity of the problem is less. However, the recognition, orientation and knowledge of this problem is very much desired.
- Lack of awareness of the existence of the problem makes the elderly vulnerable to illness and also difficult to be managed by others.
- Retirement from work is one of the main causes of precipitating this problem. People, generally start making arrangements in their thirties to provide for the material aspects of post retirement lifestyle such as housing, finance etc., unknowingly ignoring the health aspects. *If not the thirties, the forties are ideal to commence focusing on the post retirement health aspects.* This focus can help minimize, if not prevent the effect of geriatric problems.
- Most Elderly people will readily say, *“It isn’t easy to be old”*. As most doctors would just as freely add, *“Treating the elderly isn’t easy either”*.
- This presentation is an effort to give an orientation of the geriatric problem and how prevention can be possible to a certain extent.
- Target Audience :
 - ◆ Elders
 - ◆ Destined elders – in the age group of 35-60
 - ◆ Persons having elders to look after

Introduction of the Speaker:

Dr Arvind Pednekar is a senior medical practitioner and is focused on preventing and improving medical health of elderly. He has taken up this project with missionary zeal and has given many presentations to reputed corporate houses to educate senior executives.

CA Gracy Mendes, CA Mahendra Turakhia, CA Ryan Fernandes
Convenors - Human Development Study Circle